

Word Search

Many First Nations use *The Seven Sacred Teachings* as a guide to how to live a full and healthy life. Each Teaching is associated with an Animal to help us understand that all human actions are connected to and have consequences in the physical world.

Find all seven teaching and animal pairs in the word search below:

bravery & bear; respect & buffalo; honesty & sage, raven; wisdom & beaver; truth & turtle; humility & wolf; love & eagle

B	U	F	F	A	L	O	H	O	T
R	B	L	Y	E	M	H	U	R	I
A	D	O	H	A	T	T	M	T	G
V	N	W	Y	G	V	U	I	U	L
E	G	I	N	L	W	R	L	R	R
R	E	S	P	E	C	T	I	T	E
Y	R	D	V	S	B	L	T	L	V
C	H	O	N	E	S	T	Y	E	A
H	L	M	F	F	E	B	A	S	E
R	A	V	E	N	L	R	A	E	B

Sunday May 19th

Youth Bulletin - Truth

THE SEVEN SACRED TEACHINGS



To cherish knowledge is to know **WISDOM**;



To know **LOVE** is to know peace;



To honour all of the Creation is to have **RESPECT**;



BRAVERY is to face the foe with integrity;



HONESTY also means “righteousness”, be honest first with yourself – in word and action;



HUMILITY is to know yourself as a sacred part of the Creation,

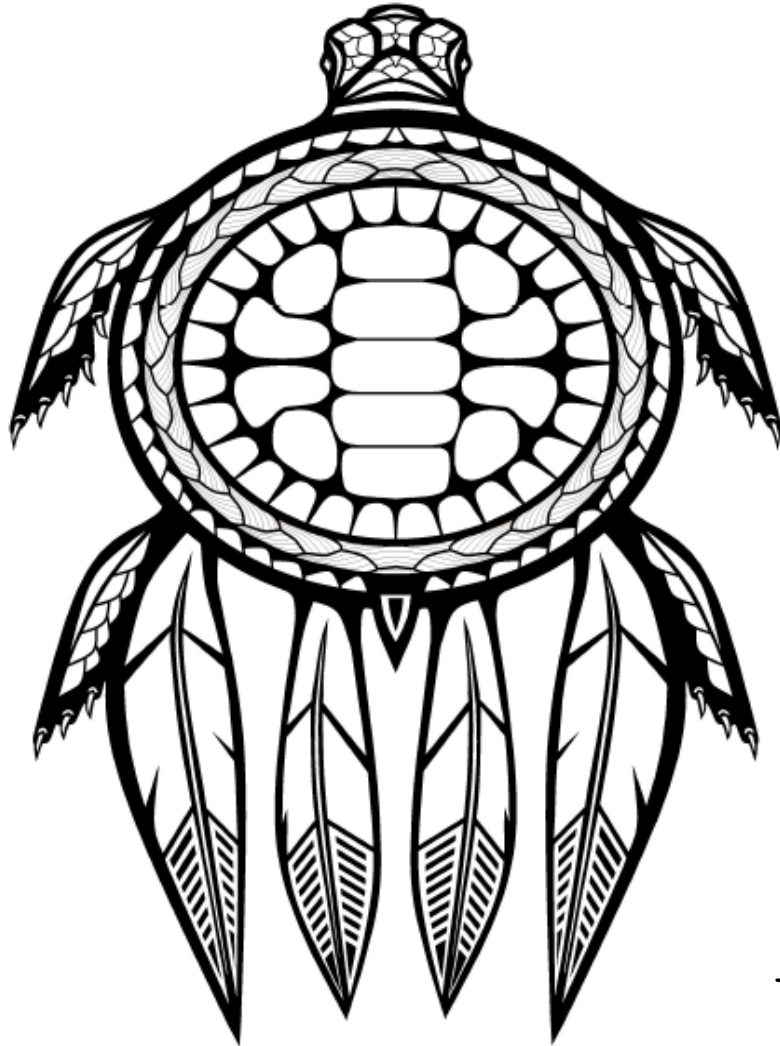


TRUTH is to know all of these things.

Source: <https://empoweringthespirit.ca/cultures-of-belonging/seven-grandfathers-teachings/>

Images: <https://www.nog.ca/grandfather-teachings>

Truth



“Tutrlle Clan”, Artist: Rob Slater, Peguis First Nation

Debwenin (Ojibway)

Truth is represented by the turtle as he was here during the creation of Earth and carries the teachings of life on his back. The turtle lives life in a slow and meticulous manner because he understands the importance of both the journey and the destination. Truth is to know all of these things. Apply faith and trust in your teachings. Show honor and sincerity in all that you say and do. Understand your place in this life and apply that understanding in the way that you walk. Be true to yourself and all other things.

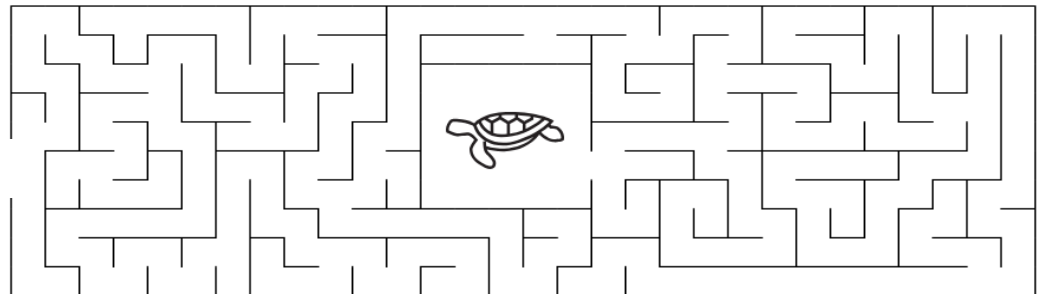
Source: <https://unitingthreefiresagainstviolence.org/the-7-grandfathers-teachin/>

Truth represents the turtle. The teachings on truth allows you to believe that a Power greater than ourselves could restore us to being the complete person we were created to become. This will allow youth to see that though the journey may be slow, they need to keep moving forward as they have not yet met their destination.

Source: <https://aihschgo.org/seven-grandfather-teachings/#:-:text=This%20child%20was%20chosen%20to,be%20used%20with%20the%20rest.>

Try the **TRUTH** maze - the turtle may be slow but arrives at Truth in the end! Help Turtle find its way out of the maze.

TRUTH



Peguis First Nation is a Treaty 1 First Nation, located in Manitoba, Canada. With a population of approximately 10,246 members of Ojibway and Cree descent, it is the largest First Nation community in Manitoba.

The main community of Peguis First Nation, Peguis 1B, is located approximately 196 kilometres north of Winnipeg, MB.

Peguis First Nation has a rich culture, strong traditions and a significant history within Canada. The community is named after Chief Peguis. Peguis led the band of Saultaux people from present day Sault Ste. Marie, Ontario to a settlement at Netley Creek, Manitoba, and later to St. Peter's (present day East Selkirk, Manitoba). After an illegal land transfer in 1907, Peguis First Nation was moved to its present location at Peguis 1B.