

# ***Bishop's Spiritual Retreat for Rostered Leaders***

Participating in the Christ Consciousness - a reprise!

FEBRUARY 4-7, 2024  
MOUNT CARMEL SPIRITUAL CENTRE  
NIAGARA FALLS, ON

## AGENDA

<b>Sunday, February 4</b>	<b>6:30 pm</b>	<b>Arrival &amp; room assignment</b>		
	7:30 pm	Welcome, Introduction of Retreat Leaders, etc.	Assembly Hall	
	8:30 pm	Holy Communion with Affirmation of Baptism		
	9:30 pm	Reception		
<b>Monday, February 5</b>	<b>8:00 am</b>	<b>Breakfast</b>		
	8:45 am	Morning Prayer	Main Chapel	
	9:30 am	Spiritual Direction 1	Assembly Hall	
	11:00 am	Holy Communion	Main Chapel	
	<b>12:00 noon</b>	<b>Lunch</b>		
	<b>1:00 pm</b>	<b>Free Time</b>		
	4:00pm	Spiritual Direction 2	Assembly Hall	
	<b>5:30 pm</b>	<b>Supper</b>		
	6:45 pm	Evening Prayer	Main Chapel	
	7:30 pm	Bishops' Hour	Assembly Hall	
9:00 pm	Night Prayer	Main Chapel		
		<b><i>Silence Begins</i></b>		
<b>Tuesday, February 6</b>	<b>8:00 am</b>	<b>Breakfast</b>		
	8:45 am	Morning Prayer	Main Chapel	
	9:30 am	Spiritual Direction 3	Assembly Hall	
	11:00 am	Holy Communion with the Order of Healing	Main Chapel	
	<b>12:00 noon</b>	<b>Lunch</b>		
	<b>1:00 pm</b>	<b>Free Time</b>		
			<b><i>Silence Ends</i></b>	
	5:30 pm	Supper		
	6:45 pm	Evening Prayer	Main Chapel	
7:30 pm	Plenary Conversation with David Maginley	Assembly Hall		
9:00 pm	Night Prayer	Main Chapel		
<b>Wednesday, February 7</b>	<b>8:00 am</b>	<b>Breakfast</b>		
	9:00 am	Closing Plenary and Evaluation	Assembly Hall	
	10:30 am	Holy Communion with Affirmation of Vows	Main Chapel	
	<b>12:00 Noon</b>	<b>Lunch and Godspeed</b>		