Not Counting Sundays A Lenten Journey of Forty Days Poetry by David Kaiser Illustration by C. f. Armistead

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Not Counting Sundays

A Lenten Journey Of Forty Days

Poetry by David Kaiser Illustrations by C. F. Armistead

Book design and production by David Solheim

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Printed copies can be ordered through Blurb.ca. Search for "Not Counting Sundays". Soft cover version ISBN: 978-0-9866862-3-8 Hard cover version ISBN: 978-0-9866862-2-1

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Published by David Kaiser and David Solheim, Regina Saskatchewan, January 2021 Contact: davidkaiser@hotmail.com or david.solheim@sasktel.net

shrove tuesday

i stand on sun hardened mud mixed with straw the last brick of thousands i have made the fading fragrance of baked bread slathered in rich butter in my nose the taste of sweet fruit on my tongue

now a wilderness awaits i balance between yesterday's slavery which seems strangely safe and secure and tomorrow's unknown shimmering white horizon marked by distant empty sky

> the brick tips i fall forward more than step believing that though the truth hurts promises set me free the journey begins

SHROVE TUESDAY WHERE WE STAND BEFORE TOMORROW'S SIMMERING WHITE HORIZON AND UNKNOWN PATHS

day 1 ash wednesday



we venture out with mincing chicken steps we cross from past to promise kicking up ashes dust and memories old stories whose words still speak catalogues under tears and truth

> we move slowly away from broken window panes scattered among dreams lost or shattered away from memories of watermelon ripe and red away from dust before the day's bricks are demanded

WE CROSS WITH MINCING CHICKEN STEPS

day 2 thursday

between the weekends

we are afraid to walk down streets where roofs have blown up and away and umbrellas have turned inside out from winds blowing from all directions

at once

torn tissues wipe our dust-filled eyes

tears drop wet connection to other cries

of children slaves making sweaters shoes and shirts



WHAT'S LEFT BEHIND ... HAUNTS US MORE THAN WHAT'S AHEAD only two days into the wilderness what's left behind follows us haunts us more than what's ahead should we have gone? stayed? prayed? for easier miracles simpler satisfaction from leeks and cucumbers

today the doctrines footnoted with quotes pass over me i wish i had made some determined plan for denial but the immediate is as close as s(k)in for what i liked on tuesday i still like today so what's the use tomorrow's saturday anyway when i sleep in and nothing's scheduled but cartoons



WHAT I LIKED ON TUESDAY ... WHEN THERE'S NOTHING ON

day 4 saturday



A SHORT DAY IN THE WILDERNESS ISN'T BAD

today no pillar of fire no cloud no alarm wakes me sports on television take me where virtual medals are won and autographs are signed by athletes who always give 110% a short day in the wilderness is not bad except around noon when the sun is hot and the water is lukewarm

Sunday One

Praise God from whom all blessings flow Like manna relief, Which, contrary to popular belief, Is tasty Especially compared to sand



MANNA ... IS TASTY COMPARED TO SAND

i've always been a counter sticks steps dimes sometimes it makes time go faster adds excitement and possibility or slower like waiting a birthday or finding the way home in the dark

today's count (one-tenth down nine to go 'til the nineveh call repent/repaint/rethink the color)

I'VE ALWAYS BEEN A COUNTER

day 6 tuesday



THE JOURNEY DISTANCE SEEMS FARTHER

i dislike tuesday most too close to the previous weekend too far until the cusp of the next the journey distance seems further the possibilities for error endless it is too far with dunes as far as the eye can see the only assurance is the announcement of the next station so i know when to get off the train

day 7 wednesday

halfway down the escalator i consider whether to buy a paper or not since the only news i heard at breakfast was soccer scores from england i wonder if a paperless lent is denial or if

tossing the business sections and classifieds means sacrifice

i buy

read of corruption and coups turn the page to movie reviews where fantasy is rated zero or five then to the comics where truth balloons give answers to who's or why's and no one ever ever dies



day 8 thursday

the floor is wet this morning i cannot be certain whether it is simply 99% humidity from my tears or god's

afraid to really know for certain i check my umbrella for holes

MY TEARS OR GOD'S

who the dickens am i anyway that i excuse myself with misunderstandings misinterpretations miserable weather missed sleep displaced discs or eating pizza every friday

my good behavior i put down to myself

> MY GOOD BEHAVIOUR I PUT DOWN TO MYSELF PIZZA EVERY FRIDAY

day 10 saturday



I SAW TWO PATHS

i wake from a sweat dream where i saw two paths heading off in opposite directions the concepts confuse me when i try religiously to solve the contradiction between them my frantic attempts mere self-righteous efforts never love joy or peace simply contrivance either for myself or others for that matter i roll over the thoughts too deep for saturday

Sunday Two

Today I remembered Sundays Grandpa and I fished. Bamboo poles and a can of worms, We left the hay unmade; Dropped it all hook line and sinker; *Lounged there on the creek bank In the shade of the huge white oak* Almost wished no fish Would take the bait And interrupt our doing nothing. Today, I wished again a swallow of that soft drink We drank in agreement of "A pause that refreshes!" Today, I will speak no words under the blue sky. Today, I wished again to fish.



TODAY I WISHED AGAIN

strange how this journey passes people i knew today uncle louie stood there looking down his shoulders humped high from uncounted shrugs his usual answers to questions he cared nothing for bent under tiresome tasks laid on him by bosses who got cheap work from him for two days justified because he could not hold a job and everyone needs a little dignity and spending money now and then i closed the distance to him he pulled up his eye and a marble from his pocket handed the glassie to me smiled then wiped his face with the red kerchief a gift from last christmas or the year before he faded then as he always did sunday afternoons after the chicken and potatoes were eaten the marble burning my hand with questions about life and gifts



STRANGE HOW ... HE FADED AS HE ALWAYS DID ...

day 12 tuesday (the feast of purim)

when lots are cast months in advance of actual events the wait far more painful than a simple what next which at least has the benefit of being shrouded

and secret

how things change when you flip the calendar back a month or two recalling red-ink times of memorials gifts with little reason and parties despite miles of unknowns in days and months yet to travel in the celebration of surprises where grace dances we dance



THE FEAST OF PURIM WHERE GRACE DANCES ... WE DANCE

day 13 wednesday

damn the cloud is moving again yesterday's blue sky gray humidity up from sweat and tears the chance for rain near 100 % predictions for slogging in knee-deep mud of questions clouded damn

day 14 thursday

well said poet well said the alarm of war appears normal now disaster follows disaster every curtain torn from inside out as insults fly from within ripped from outside in by retaliatory blasts and rebuttals well said poet well said the people are stupid without understanding skilled in doing evil they have no skill for good



ahead the mountains quake the hills move back and forth not a bird is visible behind the land is a desert cities piled in heaps of memories above it all in the deep black

oh poet i think i saw a star

OH POET, I THINK I SAW A STAR

i notice that when one does the same thing over and over and over ad infinitum the steps shuffle get shorter slower the notes flatter even for those of perfect pitch i notice that good mornings said to strangers fade to less than mumbles and meaninglessness



GOOD MORNINGS SAID TO STRANGERS FADE TO ... MEANINGLESSNESS

day 16 saturday

that old rhyme came to me today hark hark the dogs do bark the beggars are coming to town



SPLITTING THE CROWD TEARING AT THE CONSCIENCE three of them did this saturday strategically splitting the crowd in the middle then tearing at the conscience with handless arms kicking out at circumstance with legs shortened at the knee boring deep into souls focused on the concrete

one plays the two stringed erdu two shape questions

Sunday Three

Thank God! This is my Sunday Given for you. Do this As often as you can, + remember me. Then a nap this afternoon for rest.



THANK GOD! THIS IS MY SUNDAY

on mondays the wish for an oasis is strongest but one with portable shade a fruit tree on wheels and cool fresh potable water on mondays everything looks far christmas past april and spring even noon and five thirty on mondays with the dust of the next days anticipated weakness is real with a single question what will be three four five days hence

on mondays it seems best to stay in bed a pillow over my head

THE WISH FOR ... OASIS IS STRONGEST

day 18 tuesday

as i approach the wall a judge stands in the benjamin gate shouts no to all who carry burdens in refusal of the sabbath law i stiffen my neck stuff my ears avoid his eyes and the rules piling up on both sides of the road i pass the gate quickly empty-handed with two eggs in my pockets



I ... AVOID ... THE RULES



day 19 wednesday

the pressure of things we keep from our minds remains a hopeless distraction like a noise we don't want to hear but do

the small prayers we try to avoid thinking them trivial and undignified are the very ones god awaits



THE PRESSURE OF THINGS WE KEEP FROM OUR MINDS





JOURNEYS ... ARE MOSTLY RECURRING STEPS

journeys are made best in memories when travel diaries and photos recall sights sounds and delights without the poor visibility in fog the black ice surprises deer crossing and plastic bills two weeks later journeys are best made in memories for journeys when taken are mostly recurring steps with few if any leaps at all



day 20 thursday

saints only are by looking at them backwards before the appellation given athanasius theresa peter sophia et al were men and women subject to passions hunger rest and complaints about the weather so there is a chance slim as it may be i too could be so considered for some small act as a poem or a smile

Ι, ΤΟΟ



day 22 saturday

saturday so i made waffles a simple task actually clear instructions inscribed on the cardboard box three commandments if followed exactly i cannot fail unless i get distracted unless i leave the kitchen unless i consider my way better

> when failing to read instructions all the above fit even disasters of spilled syrup



UNLESS I LEAVE THE KITCHEN



Sunday Four

If church architecture symbolizes emphases Then the clock on the wall And the electric amps and drums Say much about wilderness wanderers Walking with schedules, *Yet ready to dance at the drop of a song; Reminiscent of a people* Whose God tented among them Moved with them Unrestricted by altars pulpits And other careful blueprints.



WHOSE GOD ... MOVED WITH THEM

if as lukan said nothing was certain but uncertain wandering of chance which goes this way and that i would not drag the monday bags under my eyes out of bed except this monday there was a difference a frog song sure sign of something spring



A FROG SONG ... SIGN OF SPRING


day 24 tuesday



TRANSIENTS ALL

transients we move in increments

LARGE FROM RURAL THROUGH TOWN UNTO URBANITY WITH FOUR BEDROOMS AND FLUSH TOILETS

and small from bed through bath to breakfast and constant change of channels

good news there is a promised land out there somewhere



day 25 wednesday

my only hope to stop my sneering pious criticism

- is to capture a criminal or terrorist
- put on his hat
- see the world through his squinted hate
- then as the last drop of pharisee is squeezed from me

to see that the road is level

the gutters empty

under a cross





THROUGH HIS SQUINTED HATE TO SEE ... THE ROAD IS LEVEL

day 26 thursday



IN THE ... DARKNESS I NOTICE TINY STARS

the first and only new moon tonight of the whole journey in the pitch darkness fear takes over on the road no shadows or footprints give evidence where i've been on the road no reflectors or signs give directions to where i'm headed then directly above i notice tiny stars visible that were not there two nights ago



day 27



THEN I SAW A DANDELION



day 28 saturday

no one really rests on saturdays especially after noon we just go in circles which sometimes (if we go fast enough) feels like we are dancing





IF WE GO FAST ENOUGH



It is good to know the snakes are gone; That the path is safe for children. It is pleasant relief after the interminable plodding To skip and dance without ever having to look.



IT'S GOOD TO KNOW THE SNAKES ARE GONE

day 29

it is monday morning on the aluminum electric KCR the doors whoosh and suck in the commuters six hide in newspapers four speak tight into their phones the one nearest me closes her eyes wordlessly saying let me alone two students review their notes two more crush in morning passion oblivious to all but the other one woman ducks behind a tiny mirror straightens her lips two children run circles around the center pole ignore their mother's words their laughter echoes a grandmother looks up and smiles in three languages a voice announces the next stop



MONDAY MORNING ... COMMUTERS



day 30 tuesday

75% through the relevance there is a certain high-mindedness about our denials a pressure that keeps what we determined not to do or be in our minds like wilderness wanderers looking for water our desires become hopeless distractions and less trivial so taking the lead of Martin Luther (though the interpretation may be skewed) i sinned 100% i went to mickey-d's for a honey dew milkshake bought a chocolate bar containing 25% of the recommended daily fat intake then ate 2 bags of shrimp crackers on the way home finished the day with a bottle of wine wondering all the while with a smile on my face if the water from the rock tasted as sweet









3E

SHORTER NIGHTS SHORTER SKIRTS that temptation facing jesus to change stones into bread obviously would not cut it today no matter how you slice it given the vast variety of crackers crisps and croissants available today the offer would need twelve courses served with silver linen complete with server standing ready to pour fresh water without being asked to sell one's soul for such a minimal offering absolutely N...O... W....A.....Y(t) got anything still warm in twelve grains



TO SELL ONE'S SOUL FOR SUCH A MINIMAL OFFERING?



FRIDAY'S PHYSICAL COMMUNION

the train is jammed full by four friday's physical communion of shoulders, elbows hips sardined in with help of pushers in safety vests faces flattened against each door peer out in hope and anticipation of promised milk and honey rum and coke or a few hours of peace quiet and a change of pace



day 34 saturday



IN CASE A GAME BREAKS OUT

the grandsons and i go out the door soccer ball in hand for a saturday game that runs back and forth across the grass with no designated goal and keeps no score or time

when i stepped on the ball fell flat on my back pain jolted and jangled every joint like bells tolling my age

> under the blue sky i determined then to skip and run as long as i can

to stop counting minutes cancel a few appointments and carry a ball in my briefcase in case a game breaks out

PASSION Sunday

Oh Mad Lover! Who can begin to know your passion? You thought it not enough to be born, To keep company with us, To tent among us. Now to open yourself even to our opinions, *Our quickly changed allegiance,* To risk even our rejection. You come again. You walk our main streets. *Wet our back alleys with your tears.* For it is only enough also to die. Oh Mad Lover! How can we know your passion?



YOU WET OUR BACK ALLEYS WITH YOUR TEARS

day 35 monday in holy week



monday morning sunday's parade is over street sweepers bagged the slightest memory i eat breakfast standing up choking down too hot coffee take the down escalator two steps at a time race the closing train door just to save two minutes enter the argument with james and john about promotions and chairs wondering all the while if we actually are supposed to save the world i delete that idea along with thirty-seven junk e-mail messages



day 36 tuesday in holy week



NEAR THE END NOW

near the end now the journey recorded sweet memories shot in 35mm to fill shelves of albums with no details but dates places and names delightful evidence in two dimensions for the creative additions later of imaginative exaggerations designed to make the stories fit for coffee breaks where one-upmanship breaks out the storms stronger the hills higher the dangers more incredible the denials denied complaints candied with the subtle implication it is all gospel truth



day 37 wednesday in holy week

false words where deceit is considered clever greed masked as mere survival hatred justified as zeal for truth

> crucifixions of one for the sake of many all subtle excuses for doing nothing



CRUCIFIXIONS FOR THE SAKE OF MANY



day 38 maunday thursday



thursday's dinner is served a final meal before moving on bread and wine fare simple as manna and spring water yet i am glad to be here even the crumbs lord that fall from your table are sufficient



day 39 good friday



ROOSTER SHUT UP

rooster shut up you blithering idiot what do you know about anything the sun is dark eclipsing everything midnight at three in the afternoon a comforting interruption of sorts afforded this convenient moment i run and hide to avoid this awkward moment what do you know about anything save your noise for morning dare to crow again i'll cock-a-doodle you



day 40 holy saturday

stopped dead in my tracks no mincing chicken steps now i am suspended finished

the word a parenthesis on the right a lop-sided smile of relief and end yet ellipsis marking the steps ahead into promised lands

filled with sheer hope i wait to the steady hum of locusts watch birds carrying red yarn to their nests see a salamander sunning all evidence that life may yet be found among the stones



LIFE MAY YET BE FOUND AMONG THE STONES



EASTER Sunday

In some mysterious but sure way his mercy finds us in our wanderings, his grace forgives our many sins, his Spirit refuses to give up on us, and something of his love flows through us to others.



his love flows

seven easter haiku

pure white lilies bloom spring colors the hillsides green gold bells tip out sound

stone is rolled away women and men run to see believe the story

loud sunday city bargain price on meals and phones miss the miracles

worried deep in heart she cried her fear, "where is he?" then he said her name light returns with spring life arrives with wintered birds new nests made with hope

oxymorons stand opposites are one the same black white death is life

alleluias ring in cemeteries birds sing death has lost its sting

STATEMENTS FROM POET AND ARTIST

The season of Lent has long been a meaningful part of the church year for me. The forty days, not counting Sundays as the title of this collection notes, recalls the story of the forty years of wandering which the Israelites experienced following their escape from Egypt. That story is recorded in the biblical book Exodus. Recorded are the trials, troubles, the ups and downs of a remarkable journey.

Journey is an appropriate description of the poems. As in the wilderness journey, we too experience days of surety, doubt, joy, and sadness. Some days memories of the past resurface much like the Israelites who remembered leeks and watermelon they had enjoyed back in Egypt (day 11). Some days are reflective and repentant (16, 22). Some speak of immediate experiences which look different in memory (31). Other days focus on unexpected surprises that cause us to see things in new ways (12, 14). Each individual journey will have unique stories to tell. There is no one right interpretation of any of the poems. In the words of Archibald MacLeish "a poem should not mean but be."

The poems in this collection were written during the season of Lent in 2002. I was teaching at Lutheran Theological Seminary, Hong Kong. Our daily worship focused primarily on texts for Lent. For my personal Lenten journey, I decided to write or at least start a poem each day reflecting on the day's events, conversations, people, and the daily news.

Since then, the poems were rewritten and edited many times. Finally, I felt ready to "set the poems free". I contacted Frank Armistead, a long-time friend. I asked him if he would like to illustrate them. He agreed. We added a caveat. If he did not like my poems and if I felt his art did not fit the poetry, we could say so and decline.

One day Frank invited me to his studio. What a delightful surprise greeted me. There posted on two walls were forty-six illustrations. Beneath each was a word or phrase that Frank felt was the central thought of each poem. I too had in mind a word or phrase that I felt was central to the poem. With no communication between us Frank and I had picked the same words for all but one poem.

The drawings which are on 22½x15 art paper are quite large and follow two people on a journey through an arid place. It is hoped that each reader will identify with the couple both in the trials of life's journey as well as the experience of the glimmer of colourful hope which culminates in a full-colour resurrection.

Frank and I discussed ways of presenting the work. We discussed creating a large table-top book showing the artwork with an oral presentation of the poetry on a CD. There is also the option of performing the work live. Finally, with the help of David Solheim we opted for this published form.

Frank and I wish dear reader that the poems and illustrations help you find your way through whatever wilderness you face and come ultimately to life and hope.

David Kaiser, Regina 2020

David and I, as colleagues, are not two peas in a pod. David is Lutheran by birth and prudent by nature. We first met in 1970 when David, already known for his puppetry through local TV, was leading Kuriakos, a youth touring group introducing a folk liturgy. When I showed up to be the bus driver, I had just cut 2 feet off my still shoulder length hair, was wearing wild acrylic prints and sandals, and was definitely more familiar with anti-war protests, Eastern philosophies and Blues than liturgies, Bonhoeffer and the kyrie. But, at our cores, Dave and I share a deep concern for others, a compulsion for teaching, and a creative restlessness to explore new glimpses of truth.

Dave and I had often remarked that we had never combined our individual creativities in a project of our own. So when David asked if I would consider illustrating a volume of his poems, I immediately dedicated my studio to the task.

Dave's Lenten journey is tentative. I chose Inktense pencils, mostly on 300 pound Arches paper for a sense of transparency that allows for both line and wash, monochrome and touches of brilliant color. As Dave has mentioned, I read, reread and meditated on each poem to distill its core and discover its visual essence. For better print reproduction, I worked at 150%. Most of the pieces are first drafts to maintain a sense of fragility. The illustrations feature a couple because I find it impossible to think of Dave without Marlys, who has supported his life journey every step of the way.

Dave had envisioned some kind of line that would develop as one moved through the poems. The black line drawings of the growing flower were meant as a flip book for the facing pages but I love how Dave Solheim has included them here.

I think we have created a biography of friendship – Not Counting Differences.

Frank Armistead, Regina 2020

A NOTE ON LAYOUT AND DESIGN

Thanks to David and Frank for their unique collaboration. I am honoured to have worked with them and with their complementary art forms in creating this book.

I have chosen to make David's poetry primary in this design. David's poetry with its pastoral gentleness shows the way to some deeply probing honesty. His unique first-person experience of Lent prompts me to notice the details of my own journey.

There were choices that needed to be made in recreating the artwork and pairing it with the poetry. Frank's artwork is all one large size, detailed and stunning in the original. While I made the choice to make the poetry primary in the available page spaces, the detail of the original artwork is still there when you look closely.

To bring the poetry and images together I used a colour for the text of the poems that is sampled from Franks images, and for the Sundays, the texts are in the liturgical colour for the day, often reflected in colours in the artwork. The poetry flows next to the images, sometimes intimately sharing the space and sometimes standing off a ways, but always, for me, connected.

I hope the result encourages you in your Lenten journey.

David Solheim

ACKNOWLEDGEMENTS

A heartfelt thanks to Frank for his imaginative approach to the poems.

Much thanks to David Solheim who did the work of layout and design bringing a unity to the diversity of word and art.

A loving thanks to Marlys, my wife. She, in Frank's mind, is the reason for his depiction of the journey being taken by two. She has been my companion throughout and has willingly and patiently put up with the many times I've searched for the right word or phrase.

Finally, I give glory to God for the journey with us in our wilderness wanderings. As John writes in his Gospel, God in Christ "tents" among us always.

David Kaiser



David Kaiser is a retired Evangelical Lutheran Church in Canada (ELCIC) pastor, a teacher and an active poet. He has spent quite a bit of time in Hong Kong in the last 20 years, including time during the SARS outbreak there. Much of this poetry was written while he was in Hong Kong.

> C. F. (Frank) Armistead is an ELCIC pastor who has worked with indigenous people in Regina. Frank has studied fine arts at the University of Regina, is presently pursuing a degree in Indigenous studies, and is a member of the Aurora Art Guild.





