

Love



KESALTIMKEWEY -LOVE

Kepme'klKina'maqn:

Kesaltimkeweynaiapjiwei·

Kesaltimkeweyiknamaskwantaqo'

ti· Kesaltimkeweynipisilisk·

Swijinu'kta'nkeso'lupni'kmawi-

nuta'jikkkesaltimkewey

(Mi'kmaq Nation)

Sacred teaching: Love is

forever, unconditional· Love

instills peace· Love heals·

People who have been hurt

or injured need love the

most·

I show love to myself by...

Kitpu (Mi'kmaq)—Eagle

The graphic artists Kaylyn Bernard and Cassidy Bernard at Indigenize Creative Services transformed the original art into line art. Source: *Healing with the seven sacred teachings* is a colouring book for survivors who have been sexually violated and their supporters. Feel free to download more copies of the book from the website www.breakthesilenceNS.ca or <http://changethesilence.org/> and to print and share the book. Post your images on social media with the hashtag #BreakTheSilenceNS. You can also access lists of additional resources at both these websites.