



## List of Educational Resources Exploring Various Aspects of Settler/Indigenous Relations

### Read:

From Risk to Resilience: An Equity Approach to Covid-19—Report from Canada’s Chief Public Health Officer <https://www.canada.ca/en/public-health/corporate/publications/chief-public-health-officer-reports-state-public-health-canada/from-risk-resilience-equity-approach-covid-19.html>

National Collaborating Centre for Indigenous Health has a large list of resources e.g.

- Covid-19 Collection [https://www.nccih.ca/1673/COVID-19\\_Collection.nccih?Collectionid=1](https://www.nccih.ca/1673/COVID-19_Collection.nccih?Collectionid=1)
- Understanding Racism [https://www.nccih.ca/495/Understanding\\_racism.nccih?id=103](https://www.nccih.ca/495/Understanding_racism.nccih?id=103)

Reconciliation and Canada’s Overdose Crisis: Responding to the Needs of Indigenous Peoples- Article from Canadian Medical Association Journal <https://www.cmaj.ca/content/190/50/E1466>

Truth and Reconciliation Commission Reports <http://nctr.ca/reports.php>

United Nations Declaration on the Rights of Indigenous Peoples [https://www.un.org/esa/socdev/unpfii/documents/DRIPS\\_en.pdf](https://www.un.org/esa/socdev/unpfii/documents/DRIPS_en.pdf)

Final Report on Missing and Murdered Indigenous Women and Girls <https://www.mmiwg-ffada.ca/final-report/>

Quick Summary of the Royal Commission on Aboriginal Peoples <https://www.thecanadianencyclopedia.ca/en/article/royal-commission-on-aboriginal-peoples>

First Nations Mental Wellness Continuum Framework – Summary Report <https://www.sac-isc.gc.ca/eng/1576093687903/1576093725971>

Understanding the History of the Indian Act-from CBC <https://www.cbc.ca/news/canada/background-the-indian-act-1.1056988>

Things You May Not Have Known About the Indian Act <https://www.ictinc.ca/blog/21-things-you-may-not-have-known-about-the-indian-act->

Guidelines for Territorial Acknowledgements before meetings (Government of Canada website) <https://www.csp-s-efpc.gc.ca/Tools/job-aids/terr-acknowledgement-eng.aspx>

Indigenous Allyship: An Overview [http://www.wellbeingwaterloo.ca/blog/wp-content/uploads/2019/10/Indigenous Allyship Toolkit inside pages 10 5x8 5 PRINT.pdf](http://www.wellbeingwaterloo.ca/blog/wp-content/uploads/2019/10/Indigenous_Allyship_Toolkit_inside_pages_10_5x8_5_PRINT.pdf)

Land Back Q and A: In conversation with four Indigenous leaders on the 'Land Back' movement <https://thefeministshift.ca/landbackqa/>

35 Books to read for National Indigenous History Month <https://www.cbc.ca/books/35-books-to-read-for-national-indigenous-history-month-1.5585489>

## Watch:

Dumont, J. (Onaubinisay) (2018) Parliament of the World's Religions (49 mins) <https://www.youtube.com/watch?v=AB-Fi31kITs> Elder Jim Dumont talks about how all peoples can learn to live together in peace.

McCue, D. (2017): Treaties, Reconciliation and Indigenous History in Canada (54 mins) <https://www.youtube.com/watch?v=c9KJM3pivKg>

Lyons, O. (2010). Chief Oren Lyons on the doctrine of discovery. <https://www.youtube.com/watch?v=yVZDbqh7WgM>

National Film Board – Indigenous Voices and Reconciliation Catalogue of Films [https://www.nfb.ca/channels/edu\\_home\\_indigenous\\_voices\\_reconciliation\\_en/](https://www.nfb.ca/channels/edu_home_indigenous_voices_reconciliation_en/)

- Kanehsatake: 270 years of resistance (2 hrs)-documentary film of the Oka Crisis from inside the barriers—it prompted a Royal Commission to outline changes needed between the Canadian Government and Indigenous Peoples
- No Turning Back (50 mins) discusses the Royal Commission on Aboriginal Peoples and how change will not be held back

The Mohawk Institute Indian Residential School Museum-- a virtual tour is available <https://woodlandculturalcentre.ca/march-virtual-tour-of-the-former-mohawk-institute-residential-school/>

Cancer Care Ontario Courses on Indigenous Relationship and Cultural Safety <https://www.cancercareontario.ca/en/resources-first-nations-inuit-metis/first-nations-inuit-metis-courses>

Courses are free---just register on the site. Courses include: First Nations, Inuit and Métis Culture, Colonization and the Determinants of Health, Aboriginal History and Political Governance, The Need for Cultural Competence in Healthcare, Indigenous Knowledge and Traditional Health, Truth and Reconciliation Commission of Canada (TRC) and the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) and more.

**Listen:**

- Unreserved – The voice of Indigenous Canada—Ongoing CBC radio broadcasts  
<https://www.cbc.ca/listen/live-radio/1-105-unreserved>

**Resources on How Systems Reinforce Racism and Inequity**

Deconstructing white privilege with Dr. Robin DiAngelo for United Methodist Church, USA  
<https://www.youtube.com/watch?v=Dwlx3KQer54>

Challenging Systemic Barriers-The Equity Lens <http://www.wellbeingwaterloo.ca/blog/equity/>