

# ***Bishop's Spiritual Retreat for Lay Persons***

Participating in the Christ Consciousness - a reprise!

APRIL 5-7, 2024  
MOUNT CARMEL SPIRITUAL CENTRE  
NIAGARA FALLS, ON

## **AGENDA**

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### **Friday April 5th**

- 6:00 pm - **Arrival**
  - 7:00 pm - Gathering – Malachy Hall
  - 8:00 pm - Re-affirmation of Baptism & Opening Service of Holy Communion
  - 9:00 pm - Social Time – Lower Lounge
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### **Saturday April 6th**

- 8:00 am - **Breakfast** – Main Dining Room
  - 9:00 am - Morning Prayer
  - 9:30 am - Spiritual Direction I – Malachy Hall
  - 10:30 am - **Break**
  - 11:00 am - Spiritual Direction II – Malachy Hall
  - 12:00 noon - **Lunch**
  - 1:00 pm - Free Time
  - 3:30 pm - Spiritual Direction III – Malachy Hall
  - 5:30 pm - **Supper**
  - 7:00 pm - Bishop's Hour – Malachy Hall
  - 8:00 pm - Night Prayer
  - 8:30 pm - Social Time - Lower Lounge
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### **Sunday April 7th**

- 8:00 am - **Breakfast**
- 9:00 am - Closing Plenary Conversation – Malachy Hall
- 10:00 am - Evaluation and Expressions of Thanks
- 10:30 am - Holy Communion and Commissioning
- 12:00 noon - **Lunch**
- 1:00 pm - Farewell & Godspeed

**ALL WORSHIP – MAIN CHAPEL**