



***Bishop's Spiritual Retreat
for Lay Persons***

"The Midnight Guide to the Bible"
Spiritual Direction: Rev. Dr. Matthew Anderson

Mount Carmel Spiritual Centre
Niagara Falls
March 24-26, 2023

AGENDA

Friday March 24th

- 6:00 pm - Arrival**
 - 7:00 pm - Gathering – Malachy Hall
 - 8:00 pm - Re-affirmation of Baptism & Opening Service of Holy Communion
 - 9:00 pm - Social Time – Lower Lounge
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Saturday March 25th

- 8:00 am - **Breakfast** – Main Dining Room
 - 9:00 am - Morning Prayer
 - 9:30 am - Spiritual Direction I – Malachy Hall
 - 10:30 am - **Break**
 - 11:00 am - Spiritual Direction II – Malachy Hall
 - 12:00 noon - **Lunch**
 - 1:00 pm - Free Time
 - 3:30 pm - Spiritual Direction III – Malachy Hall
 - 5:30 pm - **Supper**
 - 7:00 pm - Bishop's Hour – Malachy Hall
 - 8:00 pm - Night Prayer
 - 9:00 pm - Pairings! Bring a Beverage of Your Choice - Lower Lounge
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Sunday March 26th

- 8:00 am - **Breakfast**
- 9:00 am - Closing Plenary Conversation – Malachy Hall
- 10:00 am - Evaluation and Expressions of Thanks
- 10:30 am - Holy Communion and Commissioning
- 12:00 noon - **Lunch**
- 1:00 pm - Farewell & Godspeed

ALL WORSHIP – MAIN CHAPEL