

**BISHOP'S SPIRITUAL RETREAT
FOR ROSTERED LEADERS**

Praying the Lord's Prayer Anew.

Spiritual Direction:

Bishop Susan Johnson

REVISED DATES

Mount Carmel Spiritual Centre, Niagara Falls, Ontario

March 27-30, 2022

www.easternsynod.org

Jan. 2022

Dear friends,

Grace be yours and peace.

This letter is written to invite rostered leaders of the Eastern Synod, ELCIC, and rostered leaders of the Diocese of Niagara, Anglican Church of Canada, to the Bishop's Spiritual Retreat for Rostered Leaders.



Join our National Bishop Susan Johnson as together we re-examine and renew our appreciation of the Lord's Prayer. We will use the revised and expanded version of Praying the Catechism (a copy of the book will be provided as part of your registration) and a variety of individual, small and large group activities as we meet. This retreat will complement the ELCIC emphasis on Living Our Faith, where this year we are focusing

on Worship, both corporate worship and daily devotions.

Retreat Director: The Rev. Wendell Caron Grahlman

Director of Music: The Rev. Mark Ehlebracht

Chaplains: The Rev. Annette Smith & The Rev. Fred Ludolph

Registrar: The Rev. Colin Cameron

To register, visit <https://form.jotform.com/213253716299259>

The registration fee is \$375. Payment can be made through the on-line registration form via PayPal, or by sending a cheque to the registrar, The Rev. Colin Cameron, 2402 Hereford Cres, Burlington, ON L7P 1X3

Please make cheques payable to 'The Eastern Synod'. Your registration will not be complete until payment has been received.

Please note that the registration deadline is March 11, 2022.

ACCOMODATIONS:

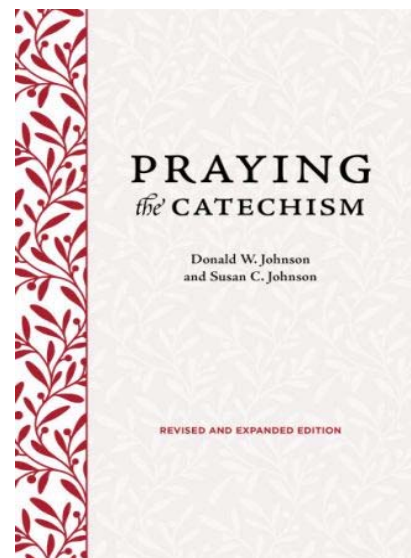
- We will be housed in the Main Building.
- ****PLEASE NOTE THAT ONLY SINGLE ROOMS CAN BE BOOKED (SORRY NO ROOM-MATES THIS YEAR) UNLESS YOU ARE ROOMING WITH A SPOUSE****
- There are a total of **45 guestrooms** available
- Retreatants should arrive Sunday between 6:30 and 7:30 pm. The program begins at 7:30pm.
- Please bring your alb as retreatants will be invited to wear their albs for worship. We will follow a daily regimen of worship including daily Eucharists; an opening Affirmation of Baptism, closing Affirmation of Vows, and a Healing Service.
- Silence will be part of our retreat experience.
- There will also be the opportunity for social times, so you may wish to bring refreshments to share.
- The retreat will end following lunch on Wednesday March 30th.
- Questions? E-mail the registrar, The Rev. Colin Cameron at:
pastorcolin@holycrossburlington.ca

IMPORTANT PLEASE BE SURE TO READ THE POLICY ISSUED BY MOUNT CARMEL SPIRITUAL CENTRE IN REGARDS TO COVID-19 PROTOCOLS. PROOF OF DOUBLE VACCINATION IS REQUIRED.

Looking forward to seeing you in February!



Bishop Michael Pryse



Mount Carmel Spiritual Centre COVID-19 Policy

Welcome to Mount Carmel Spiritual Centre. We take the health and safety of our guests, staff and Community very seriously. Following the COVID-19 guidelines issued by the Canadian Ministry of Health, as well as our own provincial governing bodies, we continue to do our best to provide a safe and healthy environment for everyone. Therefore, the Monastery has a new policy that **anyone entering the Spiritual Centre must be fully vaccinated and be able to show documentary proof from the Ministry of Health certifying that they have received 2 doses of an approved vaccine.**

How are we preparing?

1. Enhanced cleanliness procedures have been implemented with disinfectants for all areas on the property including public areas and guest rooms. High touch areas will receive special attention. Housekeeping staff will follow a new vigorous cleaning and disinfecting process, paying special attention to high-touch areas such as light switches and door handles. Staff members will wear protective face masks while on duty.
2. Sanitizing stations have been installed throughout the property, as well as enhanced signage as reminders to maintain physical distancing and personal hygiene. Social distancing markers placed wherever lines may form.
3. Ensuring our meeting and dining areas allow for sufficient space to position participants a minimum of 2 metres (6 ft.) apart.
4. Installation of plexi-glass shield over buffet table. Provision of both plated meal service and buffet service in the dining rooms. Desserts presented in single use plastic containers. Individual condiments. Wrapped cutlery. Self-serve beverages.
5. Guests will be monitored for symptoms and possible exposure upon arrival. If they show any symptoms, they will be asked to leave the premises and seek medical advice immediately.
6. **Guests will be required to check-in one at a time, take a temperature check, complete and sign a COVID questionnaire, and pick up envelope containing sanitized guest room key. Anyone with a temperature of 37.8 or higher will be asked to leave the premises and contact public health.**
7. Physical distancing must always be practiced. Guests will be required to wear a face mask upon entry and when 2 metres social distancing cannot be maintained.

Steps we ask that you take:

1. Bring your own face masks when you visit the Centre and wear them when social distancing is difficult to maintain.
2. Upon entering the building please sanitize your hands. We encourage you to follow sound hygiene practices, including
 - Frequent hand washing with soap and use of hand sanitizer.
 - Cover your mouth and/or nose when you cough or sneeze (with a tissue or your inner elbow, not your hand).
3. Honour social distancing protocols throughout the facility.
4. Avoid physical contact that may transmit germs—refrain from shaking hands, hugging, etc.
5. At the end of your retreat, we ask that you strip the bed of all linens and place them inside the clear bag provided, as well as all towels. Remove duvets from both beds and place on desk. Our housekeeping staff will enter guest rooms only after checkout.
6. Return room key to office counter and drop into key return slot before departure.