



Singspiration - Making a Joyful Noise!

Fri. May 29th ~ Sun. May 31st, 2015

Cambridge Hotel and Conference Center

700 Hespeler Road, Cambridge, ON N3H 5L8

1-519-622-1505

Emergency (Cathy Calvin's Cell) #1-905-308-4692

REGISTRATION

Name: _____ **Telephone:** _____

Address: _____

City: _____ **Postal Code** _____

Email: _____

I give permission for my email address to be used by the organizing committee. If yes made an X in the box above.

Congregation: _____

Room Mate Preference: _____

I require Local Arrangements (ie p/u from Airport) (check box if applicable)

Indicate Food Allergies/Special Diet needs (if any) : _____

COST: (please check appropriate box(s))

Package A – Friday-Sunday \$200.00* \$ _____

(includes – accommodation, double occupancy and meals)

Package B – Friday-Sunday \$300.00* \$ _____

(includes – accommodation, single occupancy and meals)

Add-on: Thursday night accommodation \$50.00 \$ _____

Add-on: St. Jacob's trip (Sat afternoon) bus cost \$10.00 \$ _____

Add-on: Late Registration (after March 15, 2014) \$50.00* \$ _____

Total Enclosed \$ _____

PAYABLE IN FULL UPON REGISTRATION

Registration deadline : March 15, 2015*

Return registration form and breakout preference form with your cheque to

Dorothy Frook, Registrar

#20-17 Heritage Way, Walkerton, ON N0G 2V0

Telephone: 519-881-2798

Email: dbfrook@wightman.ca

MAKE ALL CHEQUES PAYABLE TO: Eastern Synod

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Break Out Session Request Form

Name _____

Please include this form with your registration – Breakouts are on a first-come basis and some are restricted for as to the amount of people per session. Wherever possible, your first choice will be honored.

Morning Session (please mark appropriate boxes with an 'X')

1 st Choice	2 nd Choice	Breakout Session and Description
		Hand Bells - Ever heard a Hand Bell Choir? Wondered how anyone could possibly play such wonderful music? Come try your hand at playing a bell, you'll be amazed at what you can do. Limited to 15 participants.
		Me? Lead a Song?: When the Bible Study suggests a song, do you just skip that part? Are you a Sunday School teacher who omits the singing time with your class? Learn skills and techniques to help you lead songs joyfully and with confidence in both small groups and congregational settings.
		Hymn Writing: This workshop will guide participants through the process of writing original hymns. Led by a music therapist, it will draw on the dual power of song writing, and the rich Lutheran tradition of hymns, to explore personal spirituality. The process will be collaborative, creative, empowering, and fun. Discussions of how to bring hymn-writing into faith communities and team-building contexts, and how to use it for personal growth, will be included. No experience is required.
		God's Songbook (bible study): Come discover the God who sang you into being! Dive into God's first songbook and experience the fullness of a life of loving the Creator of the Song. Let's sing to The Lord a new song of healing, joy and passion.
		"If you Plant a Seed: Putting an Idea into Action" Like a seed in the ground that grows into something beautiful, you can take an idea & nourish it into full bloom. Join us to talk about inspiration, leadership & how to see an idea through from start to finish.
		Nia- Whole Body Movement: A dynamic blend of martial arts, dance arts, and healing arts, Nia combines the energies of different movement forms to create a full-body workout. Balancing technical precision with free-form expression, Nia allows you to condition, heal, bring the body, mind, emotions, and spirit to optimum health through music, movement, and self-expression, all guided by the sensation of pleasure. Improve your physical well-being with better balance, posture, endurance, and footwork - not to mention a fun workout for your whole body!
		Boomwackers: What is a boomwhacker and what can you do with it? What do boomwhackers and music have in common? Come and find out--it's interesting and fun!

Afternoon Session (please mark appropriate boxes with an 'X')

		Me? Lead a Song? (see above for description)
		Hymn Writing (see above for description)
		Nia Whole Body Movement (see above for description)
		Good Hearted Women: Join women from the group as they discuss healing ourselves, each other and all our relations through Song. They will be sharing their stories of reclaiming the drum and song in their lives.
		St. Jacob's Bus Trip – Get ready for some serious shopping! The bus will make a stop in downtown St. Jacobs where there are plenty of shops to browse around and buy and at the St. Jacob's Farmer's market as well. Bus will leave around 1:00 pm and return around 6:00 pm. Please note there is a \$10.00 charge to cover the cost of the bus – RESTRICTED TO 48 PERSONS